



Banksia Palliative Care Service Inc

Palliative Care Education Opportunities Across Victoria

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SECTION 1 Palliative Care Educational Opportunities

Banksia Palliative Care Service (Banksia) is a community based palliative care service covering the North Eastern region of Melbourne. Banksia's Learning Centre was launched in 2003 in recognition of the increasing need for accessible palliative care education and clinical observation opportunities.

The Learning Centre provides a broad range of educational opportunities for students, health care professionals and other interested disciplines on palliative care issues. The Learning Centre is also a registered training organisation (RTO) and provides two of the National Training Palliative Care Units of Competencies.

Education and research is conducted across all of Victoria and includes some international projects.

This document lists the various educational sessions that Banksia offers to Aged Care Facilities across Victoria. An estimation of the time required for each session and the targeted staff is provided. Banksia also provides various palliative care educational workshops at our office in Ivanhoe.

The time frames have been allocated to ensure staff gain the maximum benefit from each workshop.

If preferred, Banksia can assist Aged Care Facilities to develop an individualised workshop/course which can be provided on site, to address the needs of your Facility.

All participants receive a "Certificate of Attendance" and the organisation receives a copy of the collated evaluation summary for each session held on site.

The current charge for 1 – 2 hour workshops is \$195.00 per hour (incl GST) (for organisations within the Melbourne Metropolitan Area.) Outside the Melbourne Metropolitan area costings can be provided upon request.

Sessions can be arranged by contacting Banksia's Manager of Education & Research on 9455 0822 or Eva Burns learningcentre@banksiapalliative.com.au

*** Prices valid until 1 January 2012**

Evaluation Comments

To date, Banksia has provided a number of sessions to Aged Care Facilities across Victoria. Some of the comments from participant evaluations in response to the overall sessions include:

- * *Very clear and easy to understand presentation*
- * *The whole presentation was valuable, ample opportunity to contribute*
- * *Very informative – extended my education on death & dying – well presented*
- * *Exploration of care, compassion and understanding clearly presented by educator*

Specific comments on content of sessions include:

- * *Information received was appropriate to my work with the aged. The tools gave me a clear vision and approach to palliative care.*
- * *Re-emphasised the importance of pain assessment implementation and evaluation for the management of our residents*
- * *Made me more aware of pain and how to look at facial expressions and body language*
- * *I now understand there is a difference between palliative care and terminal care*

SESSIONS ON PAIN MANAGEMENT

Pain Management 1

- * An introduction to the assessment of pain
- * Understanding the concept of total suffering and its implications for pain management

All Staff 1 - 2 hours

Participants are encouraged to bring case scenarios for discussion

Pain Management 2

- * An introduction to the assessment of pain in residents who are unable to communicate and/or have dementia

All Staff 1 - 2 hours

Pain Management 3

- * Non pharmacological approaches to pain management

All Staff 1 hour

Pain Management 4

- * Assessment and management of different types of pain including neuropathic pain
- * Case discussions

Registered Nurses
Division One and Division Two 1 hour

Pain Management 5

- * Drug calculations – eg. Oral morphine to subcutaneous morphine

Registered Nurses
Division One and Division Two
Medication Endorsed 1 - 2 hours

Pain Management 6

- * Use of a syringe driver with a practical demonstration and introduction to competency based assessment

Registered Nurses
Division One and Division Two
Medication Endorsed 2 - 3 hours

Pain Management 7

- * Medication update – specific to new medications on the market

Registered Nurses
Division One and Division Two
Medication Endorsed 2 hours

Pain Management 8

- * Introduction to syringe drivers and competency assessment

PCA / DIV 2 1 hour

- * Assessment and management Syringe Drivers and introduction to competency assessment

Registered Nurses
Division One and Division Two
Medication Endorsed 2 - 3 hours

SESSIONS ON SYMPTOM MANAGEMENT

Symptom Management 1

- * Assessment and management options for Dyspnoea

All Staff 1 - 2 hours

Symptom Management 2

- * Assessment and management options for Nausea and Vomiting

All Staff 1 - 2 hours

Symptom Management 3

- * Assessment and management options for Terminal Restlessness

All Staff 1 - 2 hours

Symptom Management 4

- * Assessment and management options for Delirium

All Staff 1 - 2 hours

Symptom Management 5

- * Depression in palliative care

All Staff 1 - 2 hours

Assessment of Spiritual Needs and Management 6

- * Assessment and Management of Spiritual Needs

All Staff 1 hour

Symptom Management 7

- * Role of chemotherapy and radiotherapy in palliative care

All Staff 1 hour

Symptom Management 8

- * Assessment and management of Fatigue

All Staff 1 hour

Symptom Management 9

- * Assessment and management options for Constipation

All Staff 1 hour

Symptom Management 10

- * Hydration in Palliative Care

All Staff 1.5 hours

Symptom Management 11

- * Physical aspects of death and dying

All Staff 1 - 2 hours

SESSIONS ON COMPLEMENTARY THERAPIES

Complementary Therapies in Palliative Care 1

- | | | |
|---|-----------|-----------|
| * Role of Massage in Palliative Care with a practical demonstration of a hand massage | All Staff | 1.5 hours |
|---|-----------|-----------|

Complementary Therapies in Palliative Care 2

- | | | |
|---|-----------|-----------|
| * Role of Art Therapy in Palliative Care with a practical demonstration | All Staff | 1.5 hours |
|---|-----------|-----------|

Complementary Therapies in Palliative Care 3

- | | | |
|---|-----------|-----------|
| * Role of Music Therapy in Palliative Care with a practical demonstration | All Staff | 1.5 hours |
|---|-----------|-----------|

SESSIONS ON LOSS AND GRIEF

Loss and Grief 1

- | | | |
|---|-----------|-------------|
| * Introduction to loss, grief and bereavement | All Staff | 1 - 2 hours |
|---|-----------|-------------|

Loss and Grief 2

- | | | |
|--|-----------|-------------|
| * Talking to children about Loss and Grief | All Staff | 1 - 2 hours |
|--|-----------|-------------|

SESSIONS ON COMMUNICATION

Communication Skills 1

- | | | |
|---|-----------|-------------|
| * Communication strategies when caring for a palliative care resident | All Staff | 1 - 2 hours |
|---|-----------|-------------|

Communication Skills 2

- | | | |
|--|-----------|-------------|
| * Supporting family members of palliative care residents | All Staff | 1 - 2 hours |
|--|-----------|-------------|

SESSIONS ON STAFF SUPPORT

Staff Support 1

- | | | |
|--------------------------------|-----------|---------|
| * Caring for the Carer (staff) | All Staff | 2 hours |
|--------------------------------|-----------|---------|

Staff Support 2

- | | | |
|--------------------|-----------|--|
| * Staff debriefing | All Staff | 1 - 2 hours
Depending on
number of
participants |
|--------------------|-----------|--|

OTHER SESSIONS AVAILABLE

Palliative Approach

- | | | |
|--|-----------|-------------|
| * Principles and philosophies of Palliative Care | All Staff | 1 - 2 hours |
| * Three forms of Palliative Care | | |
| * Appropriate referrals to a Community Palliative Care Agency | | |
| * What does a Community Palliative Care Agency have to offer Aged Care Facilities? | | |

Dignity and Quality of Life

- | | | |
|------------------------------|-----------|-------------|
| * How to have the discussion | All Staff | 1 - 2 hours |
| * Implications for practice | | |

Advance Care Planning

- | | | |
|---|-----------|-------------|
| * An Introduction to Advance Care Planning | All Staff | 1 - 2 hours |
| * Discussion on how Advance Care Planning can inform practice | | |

Introduction to Advance Care Planning

- | | | |
|----------------------------|--|-------------|
| * For Residents / Families | | 1 - 2 hours |
|----------------------------|--|-------------|

Ethical Issues in Palliative Care

- | | | |
|--|-----------|-------------|
| * Ethical decision making in palliative care | All Staff | 1 - 2 hours |
| * Participants are encouraged to bring case scenarios for discussion | | |

*Other sessions can be developed according to specific Aged Care Facility needs.
Please contact: Manager of Education, Research & Volunteers on
9497 2100 or email learningcentre@banksiapalliative.com.au to discuss requirements*

PALLIATIVE CARE COMPETENCIES

Available for Aged Care Staff

CONSULTANCY

Consultancy is available to Aged Care Facilities in relation to implementing a palliative care approach. This includes policy formulation and recommended guidelines for introducing a palliative approach and/or advance care planning

COMPETENCIES

Relevant Competencies in Palliative Care for Aged Care Staff are available in the following areas:

1. Palliative Approach
2. Pain Assessment
3. Drug Calculations in Pain Management
4. Assessment and Management of Nausea & Vomiting
5. Syringe Driver Management
 - Registered Nurses Division 1 and Division 2 Medication Endorsed (injectables)
6. Introduction to Syringe Drivers
 - Personal Care Attendants
 - Registered Nurses Division 2
 - Allied Health
7. Assessment and Management of Dyspnoea
8. Assessment and Management of Delirium
9. Assessment and Management of Terminal Restlessness

Other competencies can be developed according to specific agency needs.

All competencies are assessed by Banksia staff that are qualified Certificate IV in workplace training and assessment.

Assistance can also be provided to train selected staff to conduct competencies after education.

It is advised to have an in-service in the area of competency prior to the competency assessment.

ADDITIONAL PALLIATIVE CARE

EDUCATIONAL OPPORTUNITIES

Available to staff working in

Aged Care Facilities

Journal Club

This group meets together 3 times a year. An extraordinary meeting can be requested to discuss specific palliative care issues.

Aims are:

- * Informing members of the latest research and best practice in palliative care in the aged care setting.
- * Providing a forum for members to discuss improving performance activities in palliative care.
- * Stimulating discussion and reflection on palliative care practice issues.

All meetings are held at Banksias office in Ivanhoe. The meetings provide an avenue to network with other facilities as well as an opportunity to stay abreast of palliative care issues.

***An annual fee of \$35 (inc. GST) is payable in July to cover the costs of photocopying and mail outs**

Benchmarking Group

The group meets together a minimum of 3 times a year with the aim of:

- * Seeking opportunities to benchmark across facilities in relation to aged care palliative care issues.
- * Providing a forum for members to discuss improving performance activities in palliative care.
- * Stimulating discussion and reflection on palliative care practice issues from an aged care perspective.

All meetings are held at Banksias office in Ivanhoe. The meetings provide an avenue for those who are committed to exploring opportunities to benchmark in relation to aged care palliative care issues.

***An annual fee of \$35 (inc. GST) is payable in July to cover the costs of photocopying and mail outs**

*** Prices are valid till 1 January 2012**

NATIONAL TRAINING UNITS OF COMPETENCY

CHCPA301B - DELIVER CARE SERVICES USING A PALLIATIVE APPROACH

ABOUT THE UNIT OF COMPETENCE

The unit of competence CHCPA301B: Deliver Care Services Using a Palliative Approach is nationally recognised. The competency unit aims to enable care workers caring for clients requiring a palliative approach to have the opportunity to develop the necessary skills and knowledge to provide evidence based care to clients and their families. The unit covers all aspects of palliative approach including management of pain and other symptoms, advance care directives, client dignity and self care for the care worker.

Learners undertaking this unit may include aged care workers employed in aged care homes, home and community care workers, disability workers and community health workers. They may or may not be enrolled in a qualification such as the Certificate III in Aged Care Work. Learners may also undertake the unit as part of a professional development program.

A statement of attainment will be issued for successful completion of this unit of competency.

COURSE DATES, VENUE AND TIME

The unit will be conducted over six study days
The unit will run from 9am to 4pm at Banksia's offices in Heidelberg
Wed 23/2/2011, Tues 1/3/2011, Tues 12/4/2011, Tues 3/5/2011,
Tues 7/6/2011 & Tues 28/6/2011.
(472 Lower Heidelberg Road, Heidelberg)

COST AND CANCELLATION

Cost: \$839 (incl GST) (Cost is valid to 1 January 2012)
Morning Tea provided BYO Lunch
A deposit of 10% is required to confirm placement with the balance to be paid in full one month prior to the course commencement date

Cancellation: An administration fee of 10% will be levied if a cancellation is received less than 7 days prior to the commencement date

No refunds available within 7 days of unit commencing but a replacement name is acceptable

For information on the next course and / or an enrolment form please contact Eva Burns on 9455 0822 or email learningcentre@banksiapalliative.com.au

NATIONAL TRAINING UNITS OF COMPETENCY

CHCPA402B - PLAN FOR AND PROVIDE CARE SERVICES USING A PALLIATIVE APPROACH

ABOUT THE UNIT OF COMPETENCE

The unit of competence CHCP402B: Plan for and Provide Care Services Using a Palliative Approach is nationally recognised and comprises of an elective in a number of qualifications including the Certificate IV in Aged Care Work. It describes the knowledge and skills required of a worker in contributing to the development, implementation, evaluation and communication of a care plan for clients with life-limiting illness and/or normal ageing process in a team environment using a palliative approach.

Learners undertaking this unit may include aged care workers employed in aged care homes, home and community care workers, disability workers and community health workers. They may or may not be enrolled in a qualification such as the Certificate IV in Aged Care Work. Learners may also undertake the unit as part of a professional development program.

A statement of attainment will be issued for successful completion of this unit of competency.

COURSE DATES, VENUE AND TIME

The unit will be conducted over six study days
Wed 2/3/2011, Wed 13/4/2011, Wed 4/5/2011, Wed 1/6/2011,
Wed 13/7/2011, Wed 10/8/2011
The unit will run from 9am to 4pm at Banksia's offices in Heidelberg

COST AND CANCELLATION

Cost: \$839 (incl GST) (Cost is valid to 1 January 2012)
Morning Tea provided BYO Lunch
A deposit of 10% is required to confirm placement with the balance to be paid in full one month prior to the course commencement date

Cancellation: An administration fee of 10% will be levied if a cancellation is received less than 7 days prior to the commencement date

No refunds available within 7 days of unit commencing but a replacement name is acceptable

For information on the next course and / or an enrolment form please contact Eva Burns on 9455 0822 or email learningcentre@banksiapalliative.com.au

PALLIATIVE CARE RESOURCE NURSE COURSE

REGISTERED NURSE DIVISION ONE

ABOUT THE COURSE

The aim of the course is to provide extensive knowledge of palliative care to nurses whom on completion may become "Palliative Care Resource Nurses" within their facilities. The Palliative Care Resource Nurse will have knowledge and extensive skills in palliative care to support residents within their own facilities.

The specific outcomes for this course are:

- * Improved palliative resident symptom management.
- * Review and compliance with the national palliative care guidelines in Aged Care Facilities
- * Improved support for staff working in Aged Care Facilities.
- * Improved cooperation and information sharing between Aged Care Facilities
- * A trained staff member in palliative care that can provide resources and support staff specific to an individual facility.

SESSIONS

The course commences with 2 study days followed by monthly study days (see brochure for dates). A total of 50.5 hours of education is provided as well as ongoing support for the participants. In addition to the education sessions, participants complete 2 days clinical placement in a palliative setting and various competency assessments in order to successfully complete this course.

This course is credited by Melbourne University for Registered Nurses Division one who complete assessments and attend at least 75% of study days.

STUDY DATES, VENUE AND TIME

Tues 15/2/2011, Wed 16/2/2011, Wed 9/3/2011, Thurs 14/4/2011, Thurs 12/5/2011, Thurs 26/5/2011, Thurs 9/6/2011 & Thurs 30/6/2011
The unit will run from 9am to 4pm at Banksia's offices in Heidelberg (472 Lower Heidelberg Road, Heidelberg)

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COST AND CANCELLATION

Cost: \$1199 (incl GST) (Cost is valid till 1 January 2012)

A deposit of 10% is required to confirm placement with the balance to be paid in full one month prior to the course commencement date.

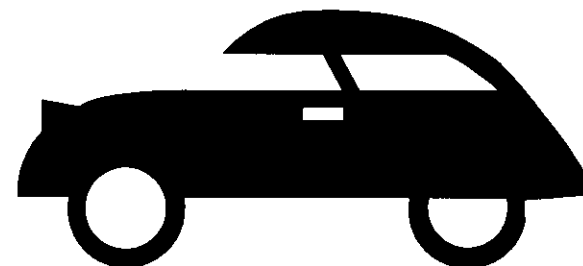
Cancellation: An administration fee of 10% will be levied if a cancellation is received less than 7 days prior to workshop

No refunds available within 7 days of workshop but a replacement name is acceptable.

DAY ON THE ROAD WITH BANKSIA STAFF

It has proven valuable for aged care staff to spend time with members of Banksia's team. There is an opportunity to attend home visits with nursing, social work, art therapy, music therapy and massage therapy staff depending on your needs.

There is no "charge" for this opportunity. Banksia needs to sight a police check that has been completed within 6 months prior to the clinical placement. The cost for a Police Check is minimal, and is the responsibility of the individual however Banksia can supply the necessary documentation for completion.



**To discuss your requirements please contact the
Manager of Education, Quality and Research
or
Eva Burns, Administration Officer, Learning Centre
on 9455 0822 or
Email: learningcentre@banksiapalliative.com.au**

REGISTRATION FORM

Required at least 14 working days prior to course. Please post to Learning Centre, Banksia Palliative Care Service Inc
472 Lower Heidelberg Road, Heidelberg 3084

ONE DAY WORKSHOPS

Cost of One Day Workshops is \$179 per workshop (inc GST) per person
Please tick your course selection/s

	Philosophy of palliative care, pain management and introduction to loss & grief Thurs 24/2/2011
	Introduction to pain assessment and management including common analgesics and calculations Wed 20/4/2011
	Philosophy of palliative care, pain management and introduction to loss & grief Thurs 17/3/2011
	Syringe drivers in palliative care Tues 10/5/2011
	Philosophy of palliative care, pain management and introduction to loss and grief Thurs 19/5/2011
	Introduction to Loss & Grief and Staff Support Thurs 2/6/2011

Name _____

Address _____

_____ P/code _____

Phone _____ Mobile _____

REGISTRATION FORM

Required at least 14 working days prior to course. Please post to Learning Centre, Banksia Palliative Care Service Inc
472 Lower Heidelberg Road, Heidelberg 3084

TWO DAY WORKSHOPS

Cost of Two Day Workshops is \$258 (inc GST per person)

Pain management, nausea and vomiting, dyspnoea & delirium	
	Day 1 Wed 20/4/2011 & Day 2 Thurs 21/4/2011

Student information booklet and brief outline of Unit is available on registration

Name _____

Address _____

_____ P/code _____

Phone _____ Mobile _____

Signature _____ Date _____

Confirmation and invoice sent on receipt of registration

ONE DAY WORKSHOPS

COMPLEMENTARY THERAPIES LEVEL 1

Introduction to the use of massage, art and music therapy in palliative care

NB: This is a pre-requisite for Level 2 Workshop

(please contact Banksia Palliative Care to register your interest)

DIVERSIONAL THERAPISTS, ACTIVITY CO-ORDINATORS & VOLUNTEER CO-ORDINATORS

Includes Philosophy of palliative care, pain management and
introduction to loss & grief

Thurs 24/2/2011

REGISTERED NURSES DIVISION 1 & REGISTERED NURSES DIVISION 2 (MEDICATION ENDORSED)

Introduction to pain assessment and management including
common analgesics and calculations

Wed 20/4/2011

REGISTERED NURSES DIVISION 2

Includes philosophy of palliative care, pain management and
introduction to loss and grief

Thurs 17/3/2011

REGISTERED NURSES DIVISION 1 & REGISTERED NURSES DIVISION 2 MEDICATION ENDORSED INJECTABLES

Syringe drivers in palliative care

Tues 10/5/2011

PCA WORKSHOP

Includes philosophy of palliative care, pain management and
introduction to loss and grief

Thurs 19/5/2011

INTRODUCTION TO LOSS & GRIEF AND STAFF SUPPORT

Thurs 2/6/2011

TWO DAY WORKSHOPS

REGISTERED NURSES DIVISION 1

This 2 day workshop covers the areas of pain management, nausea and vomiting,
dyspnoea and delirium

Wed 20/4/2011 & Thurs 21/4/2011

SECTION 2 REGISTRATION FORMS

Palliative Care National Training Units of Competency

REGISTRATION FORM

Required at least 14 working days prior to course. Please post to Learning
Centre, Banksia Palliative Care Service Inc
472 Lower Heidelberg Road, Heidelberg 3084

Course— CHCPA301B

Deliver Care Services Using a Palliative Approach

CHCPA301B Wed 23/2/2011, Tues 1/3/2011, Tues 12/4/2011, Tues 3/5/2011, Tues 7/6/2011 & Tues 28/6/2011.
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Course— CHCPA402B

*Plan for and Provide Care Services Using a
Palliative Approach*

CHCPA402B Wed 2/3/2011, Wed 13/4/2011, Wed 4/5/2011, Wed 1/6/2011, Wed 13/7/2011 & Wed 10/8/2011
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Student information booklet and brief outline of Unit is available on registration

Name _____

Address _____

_____ P/code _____

Phone _____ Mobile _____

Signature _____ Date _____

Confirmation and invoice sent on receipt of registration

REGISTRATION FORM

Required at least 14 working days prior to course. Please post to Learning Centre, Banksia Palliative Care Service Inc
PO Box 252, Ivanhoe Vic 3079

PALLIATIVE CARE
RESOURCE NURSE
COURSE— DIVISION 1

Cost of Course is \$1199 (inc GST per person)

Tues 15/2/2011, Wed 16/2/2011,
Wed 09/3/2011, Thurs 14/4/2011,
Thur 12/5/2011 Thur 26/5/2011,
Thur 09/6/2011 & Thurs 30/6/2011

Student information booklet and brief outline of Unit is available on registration

Name _____
Address _____
P/code _____
Phone _____ Mobile _____
Signature _____ Date _____

Confirmation and invoice sent on receipt of registration

REGISTRATION FORM

JOURNAL CLUB

Cost of Annual Membership is \$35 (inc GST per person)

Name _____
Address _____
P/code _____
Phone _____ Mobile _____
Signature _____ Date _____

Confirmation and invoice sent on receipt of registration

✂ _____

REGISTRATION FORM

BENCHMARKING GROUP

Cost of Annual Membership is \$35 (inc GST per person)

Name _____
Address _____
P/code _____
Phone _____ Mobile _____
Signature _____ Date _____

Confirmation and invoice sent on receipt of registration

SECTION 3

PAYMENT DETAILS

Payment can be made via

Cheque
Credit Card
(cards accepted are Visa or Mastercard)
Money Order

CANCELLATION POLICY

An administration fee of 10% will be levied if a cancellation is received less than 7 days prior to the course/workshop commencement date.

No refunds will be available within 7 days of the course/workshop commencing but a replacement name is acceptable.

VENUE DETAILS

All classes are held in our large conference room which is located upstairs. If you are unable to negotiate stairs, please notify us when enquiring about courses so that appropriate support can be put in place.