



Banksia Palliative Care Service Inc.



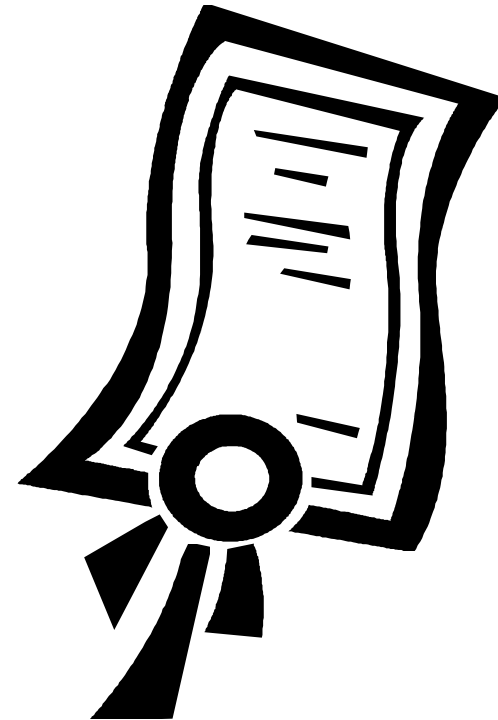
Banksia Palliative Care Service Inc

Palliative Care Education Opportunities Across Victoria

Phone: 9497 2100
Facsimile: 9497 5330
Email: learningcentre@banksiapalliative.com.au
Address: Suite 4, 50 Upper Heidelberg Road
(PO Box 252)
IVANHOE VIC 3079
Website: www.banksiapalliative.com.au

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PAYMENT DETAILS

Payment can be made via

Cheque
Credit Card
(cards accepted are Visa or Mastercard)
Money Order

For enrolment forms or session enquiries

Contact Jacquie Ball on

9497 2100 or

Email: learningcentre@banksiapalliative.com.au

Palliative Care Educational Opportunities

Banksia Palliative Care Service (Banksia) is a community based palliative care service covering the North Eastern region of Melbourne. Banksia's Learning Centre was launched in 2003 in recognition of the increasing need for accessible palliative care education and clinical observation opportunities.

The Learning Centre provides a broad range of educational opportunities for students, health care professionals and other interested disciplines on palliative care issues. The Learning Centre is also a registered training organisation (RTO) and provides two of the National Training Palliative Care Units of Competencies.

Education and research is conducted across all of Victoria and includes some international projects.

This document lists the various educational sessions that Banksia offers to Aged Care Facilities across Victoria. An estimation of the time required for each session and the targeted staff is provided.

The time frames have been allocated to ensure staff gain the maximum benefit from each workshop.

If preferred, Banksia can assist Aged Care Facilities to develop an individualised workshop/course which can be provided on site, to address the needs of your Facility.

All participants receive a "Certificate of Attendance" and the organisation receives a copy of the collated evaluation summary for each session held on site.

The current charge for 1 – 2 hour workshops is \$188.00 per hour (incl gst) (for organisations within the Melbourne Metropolitan Area.) Outside the Melbourne Metropolitan area costings can be provided upon request.

Banksia also provides various palliative care educational workshops at our office in Ivanhoe. Brochures are sent to facilities throughout the year publicising these workshops. If you have not received copies of these brochures, please give us a ring and we will arrange to have the brochures sent out.

Sessions can be arranged by contacting Banksia's Manager of Education, Quality and Research on 9497 2100 or Jacquie Ball learningcentre@banksiapalliative.com.au

***Prices valid until 30th June 2010**

Evaluation Comments

To date, Banksia has provided a number of sessions to Aged Care Facilities across Victoria. Some of the comments from participant evaluations in response to the overall sessions include:

- * *Very clear and easy to understand presentation*
- * *Well presented, confirmation that we do a good job*
- * *The whole presentation was valuable, ample opportunity to contribute*
- * *Very informative – extended my education on death & dying – well presented*
- * *Exploration of care, compassion and understanding clearly presented by educator*
- * *Provided time to reflect on own experiences*

Specific comments on content of sessions include:

- * *Information received was appropriate to my work with the aged. The tools gave me a clear vision and approach to palliative care.*
- * *Re-emphasised the importance of pain assessment implementation and evaluation for the management of our residents*
- * *Great to discuss different approaches to symptoms*
- * *Better understanding of pain in aged care residents*
- * *Made me more aware of pain and how to look at facial expressions and body language*
- * *I will be more forceful if I feel a person is in pain despite being told they are not*
- * *I now understand there is a difference between palliative care and terminal care*

SESSIONS ON PAIN MANAGEMENT

Pain Management 1

- * An introduction to the assessment of pain
- * Understanding the concept of total suffering and its implications for pain management

All Staff

1 - 2 hours

Participants are encouraged to bring case scenarios for discussion

Pain Management 2

- * An introduction to the assessment of pain in residents who are unable to communicate and/or have dementia

All Staff

1 - 2 hours

Pain Management 3

- * Non pharmacological approaches to pain management

All Staff

1 hour

Pain Management 4

- * Assessment and management of different types of pain including neuropathic pain
- * Case discussions

Registered Nurses
Division One and Division Two

1 hour

Pain Management 5

- * Drug calculations – eg. Oral morphine to subcutaneous morphine

Registered Nurses
Division One and Division Two
Medication Endorsed

1 - 2 hours

Pain Management 6

- * Use of a syringe driver with a practical demonstration and introduction to competency based assessment

Registered Nurses
Division One and Division Two
Medication Endorsed

2 - 3 hours

Pain Management 7

- * Medication update – specific to new medications on the market

Registered Nurses
Division One and Division Two
Medication Endorsed

2 hours

Pain Management 8

- * Introduction to syringe drivers and competency assessment

PCA / DIV 2

1 hour

- * Assessment and management Syringe Drivers and introduction to competency assessment

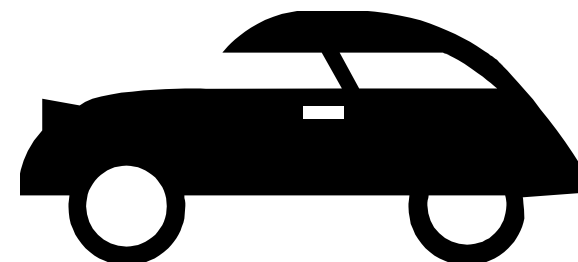
Registered Nurses
Division One and Division Two
Medication Endorsed

2 - 3 hours

DAY ON THE ROAD WITH BANKSIA STAFF

It has proven valuable for aged care staff to spend time with members of Banksia's team. There is an opportunity to attend home visits with nursing, social work, art therapist, music therapist and massage therapist depending on your needs.

There is no "charge" for this opportunity. Banksia needs to sight a police check that has been completed within 6 months prior to the clinical placement. The cost for a Police Check is minimal, and is the responsibility of the individual however Banksia can supply the necessary documentation for completion.



**To discuss your requirements please contact the
Manager of Education, Quality and Research
or
Jacquie Ball, Administration Officer, Learning Centre
on 9497 2100 or
email learningcentre@banksiapalliative.com.au**

PALLIATIVE CARE RESOURCE NURSE COURSE

REGISTERED NURSE DIVISION ONE

ABOUT THE COURSE

The aim of the course is to up-skill specific nurses in each facility, to act as “Palliative Care Resource Nurses”. The Palliative Care Resource Nurse will have additional skills in palliative care to support residents within their own facilities.

The specific outcomes for this course are:

- * Improved palliative resident symptom management.
- * Review and compliance of national palliative care guidelines in Aged Care Facilities
- * Improved support for staff working in Aged Care Facilities.
- * Improved cooperation and information sharing between Aged Care Facilities
- * A trained staff member in palliative care that can provide resources and support staff specific to an individual facility

SESSIONS

The course commences with 2 study days followed by monthly study days (see brochure for dates). A total of 50.5 hours of education is provided as well as ongoing support for the participants. In addition to the education sessions, participants complete 2 days clinical placement in a palliative setting and various assessment items including Pain & Syringe Driver competencies in order to successfully complete this course.

This course is credited by Melbourne University for Registered Nurses Division one who complete assessments and attend at least 75% of study days.

COST AND CANCELLATION

Cost: \$1165 (incl gst) (Cost is valid till 30 June 2010)

A deposit of 10% is required to confirm placement with the balance to be paid In full one month prior to the course commencement date.

Cancellation: An administration fee of 10% will be levied if a cancellation is received less than 7 days prior to workshop

No refunds available within 7 days of workshop but a replacement name is acceptable.

Morning Tea provided BYO Lunch

SESSIONS ON SYMPTOM MANAGEMENT

Symptom Management 1

* Assessment and management options for Dyspnoea All Staff 1 - 2 hours

Symptom Management 2

* Assessment and management options for Nausea and Vomiting All Staff 1 - 2 hours

Symptom Management 3

* Assessment and management options for Terminal Restlessness All Staff 1 - 2 hours

Symptom Management 4

* Assessment and management options for Delirium All Staff 1 - 2 hours

Symptom Management 5

* Depression in palliative care All Staff 1 - 2 hours

Assessment of Spiritual Needs and Management 6

* Assessment and Management of Spiritual Needs All Staff 1 hour

Symptom Management 7

* Role of chemotherapy and radiotherapy in palliative care All Staff 1 hour

Symptom Management 8

* Assessment and management of Fatigue All Staff 1 hour

Symptom Management 9

* Assessment and management options for Constipation All Staff 1 hour

Symptom Management 10

* Hydration in Palliative Care All Staff 1.5 hours

Symptom Management 11

* Physical aspects of death and dying All Staff 1 - 2 hours

SESSIONS ON COMPLEMENTARY THERAPIES

Complementary Therapies in Palliative Care 1

* Role of Massage in Palliative Care with a practical demonstration of a hand massage All Staff 1.5 hours

Complementary Therapies in Palliative Care 2

* Role of Art Therapy in Palliative Care with a practical demonstration All Staff 1.5 hours

Complementary Therapies in Palliative Care 3

* Role of Music Therapy in Palliative Care with a practical demonstration All Staff 1.5 hours

SESSIONS ON LOSS AND GRIEF

Loss and Grief 1

* Introduction to loss, grief and bereavement All Staff 1 - 2 hours

Loss and Grief 2

* Talking to children about Loss and Grief All Staff 1 - 2 hours

SESSIONS ON COMMUNICATION

Communication Skills 1

* Communication strategies when caring for a palliative care resident All Staff 1 - 2 hours

Communication Skills 2

* Supporting family members of palliative care residents All Staff 1 - 2 hours

NATIONAL TRAINING UNITS OF COMPETENCY

CHCPAO2A - PLAN FOR AND PROVIDE CARE SERVICES USING A PALLIATIVE APPROACH

ABOUT THE UNIT OF COMPETENCE

The unit of competence CHCPAO2A: Plan for and Provide Care Services Using a Palliative Approach is nationally recognised and comprises of an elective in a number of qualifications including the Certificate IV in Aged Care Work. It describes the knowledge and skills required of a worker in contributing to the development, implementation, evaluation and communication of a care plan for clients with life-limiting illness and/or normal ageing process in a team environment using a palliative approach.

Learners undertaking this unit may include aged care workers employed in aged care homes, home and community care workers, disability workers and community health workers. They may or may not be enrolled in a qualification such as the Certificate IV in Aged Care Work. Learners may also undertake the unit as part of a professional development program.

A statement of attainment will be issued for successful completion of this unit of competency.

VENUE AND TIME

The unit will be conducted over six study days (please see brochure for dates). The unit will run from 9am to 4pm at Banksia's offices in Ivanhoe (Suite 4, 50 Upper Heidelberg Road)

COST AND CANCELLATION

Cost: \$815 (incl gst) (Cost is valid to 30 June 2010)
Morning Tea provided BYO Lunch
A deposit of 10% is required to confirm placement with the balance to be paid in full one month prior to the course commencement date

Cancellation: An administration fee of 10% will be levied if a cancellation is received less than 7 days prior to the commencement date

No refunds available within 7 days of unit commencing but a replacement name is acceptable

For information on the next course and / or an enrolment form please contact Jacquie Ball on 9497 2100 or email learningcentre@banksiapalliative.com.au

NATIONAL TRAINING UNITS OF COMPETENCY

CHCPA01A - DELIVER CARE SERVICES USING A PALLIATIVE APPROACH

ABOUT THE UNIT OF COMPETENCE

The unit of competence CHCPA01A: Deliver Care Services Using a Palliative Approach is nationally recognised. The competency unit aims to enable care workers caring for clients requiring a palliative approach to have the opportunity to develop the necessary skills and knowledge to provide evidence based care to clients and their families. The unit covers all aspects of palliative approach including management of pain and other symptoms, advance care directives, client dignity and self care for the care worker.

Learners undertaking this unit may include aged care workers employed in aged care homes, home and community care workers, disability workers and community health workers. They may or may not be enrolled in a qualification such as the Certificate III in Aged Care Work. Learners may also undertake the unit as part of a professional development program.

A statement of attainment will be issued for successful completion of this module.

VENUE AND TIME

The unit will be conducted one day a month over a 6 month period (please see brochure for dates).

The unit will run from 9am to 4pm at Banksia's offices in Ivanhoe (Suite 4, 50 Upper Heidelberg Road)

COST AND CANCELLATION

Cost: \$815 (incl gst) (Cost is valid to 30 June 2010)

Morning Tea provided BYO Lunch

A deposit of 10% is required to confirm placement with the balance to be paid in full one month prior to the course commencement date

Cancellation: An administration fee of 10% will be levied if a cancellation is received less than 7 days prior to the commencement date

No refunds available within 7 days of unit commencing but a replacement name is acceptable

For information on the next course and / or an enrolment form please contact Jacquie Ball on 9497 2100 or email learningcentre@banksiapalliative.com.au

SESSIONS ON STAFF SUPPORT

Staff Support 1

* Caring for the Carer (staff) All Staff 2 hours

Staff Support 2

* Staff debriefing All Staff 1 - 2 hours
Depending on
number of
participants

OTHER SESSIONS AVAILABLE

Palliative Approach

* Principles and philosophies of Palliative Care All Staff 1 - 2
hours
* Three forms of Palliative Care
* Appropriate referrals to a Community Palliative Care Agency
* What does a Community Palliative Care Agency have to offer Aged
Care Facilities?

Dignity and Quality of Life

* How to have the discussion All Staff 1 - 2
hours
* Implications for practice

Advance Care Planning

* An Introduction to Advance Care Planning All Staff 1 - 2
hours
* Discussion on how Advance Care Planning can inform practice

Introduction to Advance Care Planning

* For Residents / Families 1 - 2
hours

Ethical Issues in Palliative Care

* Ethical decision making in palliative care All Staff 1 - 2
hours
* Participants are encouraged to bring case scenarios for discussion

*Other sessions can be developed according to specific Aged Care Facility needs.
Please contact: Manager of Education, Quality and Research on
9497 2100 or email learningcentre@banksiapalliative.com.au to discuss requirements*

PALLIATIVE CARE COMPETENCIES

Available for Aged Care Staff

CONSULTANCY

Consultancy is available to Aged Care Facilities in relation to implementing a palliative care approach. This includes policy formulation and recommended guidelines for introducing a palliative approach and/or advance care planning

COMPETENCIES

Relevant Competencies in Palliative Care for Aged Care Staff are available in the following areas:

1. Palliative Approach
2. Pain Assessment
3. Drug Calculations in Pain Management
4. Assessment and Management of Nausea & Vomiting
5. Syringe Driver Management
 - Registered Nurses Division 1 and Division 2 Medication Endorsed (injectables)
6. Introduction to Syringe Drivers
 - Personal Care Attendants
 - Registered Nurses Division 2
 - Allied Health
7. Assessment and Management of Dyspnoea
8. Assessment and Management of Delirium
9. Assessment and Management of Terminal Restlessness

Assistance can also be provided to train selected staff to conduct competencies after education

Other competencies can be developed according to specific agency needs.

It is advised to have an in-service in the area of competency prior to the competency assessment.

All competencies assessments completed by Banksia are completed by staff that have completed the Certificate IV in workplace training and assessment.

ADDITIONAL PALLIATIVE CARE EDUCATIONAL OPPORTUNITIES

Available to staff working in Aged Care Facilities

Journal Club

This group meets together 3 times a year . An extraordinary meeting can be requested to discuss specific palliative care issues.

Aims are:

- * Informing members of the latest research and best practice in palliative care in the aged care setting.
- * Providing a forum for members to discuss improving performance activities in palliative care.
- * Stimulating discussion and reflection on palliative care practice issues.

All meetings are held at Banksias office in Ivanhoe. The meetings provide an avenue to network with other facilities as well as an opportunity to stay abreast of palliative care issues.

***An annual fee of \$34 (inc. GST) is payable in July to cover the costs of photocopying and mail outs**

Benchmarking Group

The group meets together a minimum of 3 times a year with the aim of:

- * Seeking opportunities to benchmark across facilities in relation to aged care palliative care issues
- * Providing a forum for members to discuss improving performance activities in palliative care.
- * Stimulating discussion and reflection on palliative care practice issues from an aged care perspective.

All meetings are held at Banksias office in Ivanhoe. The meetings provide an avenue for those who are committed to exploring opportunities to benchmark in relation to aged care palliative care issues.

***An annual fee of \$34 (inc. GST) is payable in July to cover the costs of photocopying and mail outs**

*** Prices are valid till 30 June 2010**